



HAITI UPDATE:

Under the banner of Bumi Sehat, Ibu Robin Lim and a team of Medics and Midwives are departing for Haiti on January 25th. We will keep you updated on our website. Your prayers and support are accepted with our Deepest Gratitude.

Bumi Sehat 2009 Field Report

Prepared by Ibu Robin Lim

A New Year of sincerest hope for Peace on Earth has dawned. Welcome 2010! I am long overdue in updating all of YOU-friends & family-from all corners of the world. You make the service work of Bumi Sehat possible. May I begin by saying, THANK YOU... WE LOVE YOU. Your support made 2009 a year of miracles. Here's the update...



Team Bumi Sehat Bali gathers to Celebrate Birth on Christmas Day

Christmas Day is a very special day for all of us who share the Bumi Sehat vision. It is a day when we all give pause to celebrate BIRTH.

This is the day I cook for Bumi's staff, families who have had babies with us, sponsors, donors, friends, and patients too... everyone is welcome.

My family begins on Dec. 23rd, by bringing food and gifts to the children of the “Little Sumba” slum, where our adopted daughter, EllyAnna’s birth family lives. It was quite special this year to see the twins, Raditya and Aditya reunited after finding them tragically separated last Christmas. Working together at that time, PBHI (the human rights attorneys), Bumi Sehat, and Ibu Raihan were able to force the midwife who sold Raditya away, in lieu of payment for birth services, to return him to his family.

Today both boys are together with their parents, growing up loved and healthy. It may be a slum, but it is home.



Team Bumi Sehat Aceh ~ Traditional Birth Attendants, Midwives, Poet/Activist/Grandmother Ibu Rosni Idham, Paul Thompson of Direct Relief International... solidarity in service and Healing LOVE

Dec. 24th, we began the all-day job of making pies, while running between home and the clinic to help with births. On Christmas morning I rose early to stuff the turkeys and begin prepping the feast. We had a lot of help (thank you!), which was good, as about 200 Bumi Sehat guests broke bread together this year. We ran out of plates and just continued serving food on banana leaves.

The prayer circle was very special and heart opening, as Oppie Andaresta and Michael Franti sang in the holiday.

Highlights from 2009 for Yayasan Bumi Sehat

Team Bumi Sehat in Padang:

September 30th 2009, a terrible Earthquake, magnitude 7.9 struck Padang, Indonesia. Bumi Sehat's Dr. Eman, Nurse Liman, ambulance driver Safrian, and Midwife Lisa Purwan immediately set off from our clinic in Aceh.

While they traveled to Medan to acquire medical supplies, *Direct Relief International* responded to my pleas by sending the financial support needed to buy the supplies and survival materials. Sandyasa, Eka Yuliani, and Sam Shultz coordinated the logistical support from Bali.

This Bumi Sehat medical team worked hand in hand with medics in the half destroyed hospital maternity ward, where women having babies feared the remains of the building would fall on them.



Though their homes were destroyed, these new mothers in Padang could depend upon the Bumi Sehat/Direct Relief International medical team for support in the aftermath

These women faced taking their babies home to a pile of rubble, where their houses had been. According to Doctor Eman, "In the area we worked, nine out of ten houses were completely destroyed, the tenth was not safe to enter." The Bumi Sehat survival kits for mothers included tarps which could be used as shelter from the rain. Sometimes survival is a matter of a few kilos of rice, a shovel for search and rescue, a kerosene stove for cooking, a sarong to keep warm and some precious clean drinking water.

Because of Bumi Sehat's focus on maternal and child survival, our team distributed the loin's share of the survival kits to families with brand new babies. Birth does not stop for earthquakes, so we included baby blankets as well as buckets to serve as rainwater catchment. Midwife Lisa Purwan and Doctor Eman also met with other medical relief teams, advising them to encourage and support breastfeeding, as the distribution of infant formula in disaster zones, with no source of clean potable water, is fatal to babies.



A new mother is given supplies to help care for her baby

Bumi Sehat in Italy:

In the fall of 2009 I was honored to share Bumi Sehat's vision with our friends, family and supporters in Italy during World Breastfeeding Week. Sponsored by Farmcia Pozzi and Il Melograno, I spoke in 22 cities in 20 days! Thanks to all the wonderful people of Italy for their continued and heart-felt support.

Bumi Sehat as a whole:

Early November 2009 – Paul Thompson and Matt MacCalla of Direct Relief International visited Bumi Sehat. After getting to know the team in Bali, Matt headed off to Padang to survey the earthquake damage there. Paul and I made the two-day journey to Bumi Sehat Aceh. Paul was very happy to meet the medical team there and to see first hand how the operational funds Direct Relief donates every year profoundly relieves the suffering for the Tsunami survivors in Aceh.

Dec 26th marked the fifth year anniversary of one of the world's most terrible natural disasters: the Earthquake/Tsunami, which impacted so much of the world. It utterly destroyed Aceh, a region already on it's knees from civil war. Because of help from all of you, Bumi Sehat was able to be an early responder and has kept the clinic, built by the Rotary, open even while other big NGOs have left Aceh.



*Paul Thompson of Direct Relief International
enjoying a Bumi Sehat Baby!*

Bumi Sehat Bali now has land... We can begin to raise funds to raise the roof on the much- needed clinic and permanent HOME for Bumi Sehat!

Two years ago we began fundraising to acquire land in Bali, to build a permanent home for Bumi Sehat's mother office and clinic. Michael Franti, with the help of Bali Spirit Yoga Festival, started the ball rolling with a benefit concert. Paula Baudoux, Margo Berdeshevsky, SEBA foundation, A Million Mothers, and many, many others gave so generously.

The task was giant. While putting aside funds earmarked for Bumi's future home, we had also to maintain the operational funding for the two clinics, the Youth Center, our environmental projects and the educational fees for the student midwives. Sometimes the financial team felt like they were swimming in all directions at once!

This December, the land deal was made and the Pembina, Pengarus, advisors, founders and board of trustees for Bumi Sehat signed for the perfect piece of land...over 30 are (3/4 acre), with road access on two sides! We immediately began planting fruit trees and organic vegetable gardens.

In 2010, we all began fundraising for the clinic. We promise to update all of you on the Bumi Sehat clinic/healing center dream plans. As with the Bumi Sehat Aceh clinic, we plan for solar power and an earthquake resistant, environmentally friendly construction. We invite our friends to share ideas, for the "Earth Ship" and other environmentally inspired types of building.

**ANYONE OUT THERE WHO WISHES TO FUND THE BUILDING OF THE NEW
BUMI SEHAT CLINIC IN BALI...NOW IS YOUR OPPORTUNITY TO DO IT!**

2009 ended with a double blessing. On the 31st of December our friend Katia Gomiashvili paid for the much-needed ultrasound machine. Though we don't routinely use ultrasound in prenatal care, it can be a life-saving tool when applied wisely. Thank you Katia & Daughter!

Additionally, the Rotary of Bali Ubud had been working for over a year to provide Bumi Sehat with the ambulance we have so desperately needed. On the 31st of December, the papers were signed! The new van is now being fitted out as an ambulance which will serve to transport patients free of charge whenever needed. Thank you in advance for the lives you will save, Ubud Rotary!

Bumi Sehat Patient Statistics:

	<u>Bumi Sehat Bali:</u>	<u>Bumi Sehat Aceh:</u>	<u>Totals:</u>
Prenatal Check ups	4,342	2,105	6,447
Births	527	111	638
Postpartum care	1,581	999	2,580
Medical patients	1,078	9,864	10,942
Alternative therapy patients:	1,044		
Pediatric care	501		
Fertility & Well~Woman care	976		

Summary of Bumi Sehat Aceh & Bali....

Total Births 2009:	638
Total incidents of Patient Care 2009:	23,128



Faces of Bumi Sehat...

Bumi Sehat Community Outreach

Environmental projects

We continued Bumi's village-wide recycling and garbage pick-up program in Nyuh Kuning in order to prevent the health hazard of burning plastic. Bumi's gardening team kept our roadside, public areas and river way lovely. For our "Birthday," Team Bumi hiked up to Lempuyang Seven Temples, picked up garbage and established a rubbish collection system to keep one of Bali's most beautiful cultural & historical sites clean.

Shared projects with Bali's Dept of Health

This year under the Gianyar Bali Department of Health banner, Bumi Sehat donors sponsored the building of six toilet facilities for families who had none. Bumi also paid for the development and printing and distribution of posters, brochures and leaflets for the Department of Health, "Hidup Bersih dan Sehat" (Live Clean and Healthy) Initiative.

Supporting the Young Child

Clinic Bumi Bali provided the venue as well as a supply of healthy food and vitamin supplements for the monthly "Posyandu" weight, measure, health & nutrition evaluation of all Nyuh Kuning village children under the age of 5.

Orphan outreach

Our Doctor Wayan Sudiarsana, along with Team Bumi, performed health checks and provided medicines for the *Gianyar Sayang Ekang Papa* Orphan Home.

Bumi Educational Opportunity Scholarships

Bumi supports three student midwives for Aceh and five student midwives for Bali as well as five teachers-to-be, four for Bali and one for Aceh.



A group of Bumi Sehat's student midwives

In Aceh, Bumi Sehat sponsored Nurse Liman to achieve his Masters in Nursing. Doctor Wayan Sudiarsana in Bali was sponsored to achieve his certificate in ultrasound therapy and diagnosis. Also Dr. Wayan has been licensed in Acupuncture to add to his allopathic medical background.

Elderly wellness

Lansia (“Everybody come along”) Programs for the elderly in 2009 included yoga, exercise, walking and Bali excursions in addition to regular health and well-being check ups with our doctors.

HIV/AIDS

Awareness training was provided for ALL Bumi Sehat staff members in February and March 2009. Bumi Sehat is committed to doing its part to raise consciousness about this issue, which is increasingly impacting Bali.

Bumi Youth Center

Our Youth Center provided free English language courses for 130 students and computer courses for 109 students in 2009. Leadership gatherings at the Bumi Youth Center were attended by 40 to 50 students each month. Activities included: Sex Education, Confidence Building, Self Motivation, Poetry, Music, Drama, dance, Puppetry, Art.



Students graduating from a 12 week English course

Books!

Ibu Kristin and Family, along with Bumi Sehat donated hundreds of children’s books to the libraries of Karengesem and Klung Kung.

Anak Alami (Healthy Child), a booklet that guides parents and answers their many questions after having a baby, was developed by Team Bumi. 10,000 copies were published by the Australian Consulate Direct Aid program. Come pick up free copies and help us help new parents!

WaterBirth Conference

The first in Asia, this conference was facilitated by Bali Water Birth Association, Dr. Ardika, Dr Hariyasa, Ibu Robin, Ibu Brenda and Bumi Sehat.

Continued midwifery education

Graduating Midwives visited and enjoyed one-day conferences with the midwifery team at Bumi Sehat, including our Australian Volunteers International midwife, Catherine Frankish.

Vitamins for all expectant mothers at Bumi Sehat

For four years now, Barbi & Paul Schulick, founders of New Chapter, Inc. have made sure that our mothers get Perfect Prenatal Vitamins-the best in the industry. Their field liaison, Katherine Bramhall and our Eka Yuliani see to the many details of delivery and distribution.

Final Words on Behalf of Yayasan Bumi Sehat

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In 2009 Bumi Sehat was able to radiate a vision of Peace Through Service. This was only possible because of ALL of you! Please know that every donation is appreciated. For Bumi Sehat there are no “small” donations. We keep in our hearts the loving and healing intentions of YOUR generosity. Together we form a partnership of PEACE.

Bumi Sehat is completely dependent upon care, kindness and generosity to keep our services going. Those of you receiving this letter have been essential to our project. Please share it with your friends all over the world. You have preserved precious lives, relieved suffering and quietly, -often from great distances- you have radiated a message of Love.

Om Shanti, Thank You and Love... *Ibu Robin & Team Bumi Sehat*  
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Donating to Yayasan Bumi Sehat

Please consider making a charitable contribution to Yayasan Bumi Sehat. We are grateful for your partnership in this journey of service to humanity

One of the easiest ways to donate is by credit card via PayPal using our website (www.bumisehatbali.org)

From the US: You may support our work by donating to our partner organization: The Sakthi Foundation, by sending a personal check or money order to:

Sakthi Foundation
1507 Lone Oak Circle
Fairfield, Iowa 52556 USA *Attn: Bumi Sehat Project*

From outside of the US: Please donate to us directly by transferring your contribution to our US\$ account at:

PT. Bank Negara Indonesia (BNI)
Branch: Denpasar KLN Ubud
Address: Jl. Gajah Mada, No. 30
Denpasar, Bali, Indonesia
Account Name: Yayasan Bumi Sehat,
Ds. PKR Nyuh Kuning
USD: Account No. 117 766 133
Swift code: BNINI DJADPS

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